

CITY of LAKES WALDORF SCHOOL

PRE-K THROUGH GRADE 8



Little Sprouts PARENT/TOT PROGRAM
AGES 18 MONTHS – 3½ YEARS



CITY of LAKES WALDORF SCHOOL

2344 NICOLLET AVENUE SOUTH

MINNEAPOLIS MN 55404

612-767-1502 WWW.CLWS.ORG

Little Sprouts Playgroup:

Little Sprouts is a Waldorf-inspired parent/tot playgroup. It offers a time and place to step back from the busy pace of daily life to share time with your child.

You are invited to experience the warmth, wonder and unhurried rhythm of a morning in a Waldorf setting. We will sing songs, learn verses and make friends as we wend our way through snack preparation, circle time, free play time for children and handwork/crafts time for parents.



2009-2010 Fall, Winter and Spring Sessions

Little Sprouts is held at City of Lakes Waldorf

School in our lower level. Class is held from 9:30 – 11:30 a.m. in nine-week or six-week sessions. You may choose to enroll for Tuesday, Wednesday or Thursday mornings.

Parents are invited to an evening orientation and school tour. We will discuss the class rhythm, underlying approach and intentions for our mornings together.

Later in the session, join us for a discussion evening about topics of interest such as the Waldorf approach to parenting, healthy play, and discipline choices. We will share support for our journey along the amazing path of parenthood.

Little Sprouts is taught by **Susan Lyon Lantz.**

She is the mother of four children, ages 18 (twins), 13 and 10. She is certified by and serves as a mentor for LifeWays Child Care and Human Development Training. She is also certified as a Waldorf Collaborative Counselor through Antioch University, has completed and enjoyed many years of courses through Novalis Institute, and has a BA from the University of Michigan.

FALL SESSION

(9 weeks)

Tuesdays 9/22/09 – 11/10/09

Wednesdays 9/23/09 – 11/11/09

Thursdays 9/24/09 – 11/12/09

Parent Orientation Evening – September 21, 7 – 8 p.m.

Parent Discussion Evening – November 9, 7 – 8:30 p.m.

WINTER SESSION

(9 weeks – no classes the week of 3/8)

Tuesdays 1/19/10 – 3/23/10

Wednesdays 1/20/10 – 3/24/10

Thursdays 1/21/10 – 3/25/10

Parent Orientation Evening – January 12, 2010, 7 – 8 p.m.

Parent Discussion Evening – February 22, 7 – 8:30 p.m.

SPRING SESSION

(6 weeks)

Tuesdays 4/13/10 – 5/18/10

Wednesdays 4/14/10 – 5/19/10

Thursdays 4/15/10 – 5/20/10

Parent Orientation Evening – April 12, 2010, 7 – 8 p.m.

Parent Discussion Evening – May 3, 7 – 8:30 p.m.

Little Sprouts Registration Form 2009-2010

Parent Name _____

Address _____

City _____ Zip _____

Phone _____

Email _____

Child Name #1 _____

Birthdate _____

Child Name #2 _____

Birthdate _____

Please indicate the session(s) you wish to attend and the day of the week. You may register for one at a time or for the entire year of sessions.

Fall (9 wks) Winter (9 wks) Spring (6 wks)

Please select a class day.

Tuesday Wednesday Thursday

Fees are \$210 each session for the Fall and Winter and \$150 for the Spring session. The cost for a second child is \$50. Children under 18 months are welcome to accompany you at no additional charge. Please mail registration form and check to: Little Sprouts Registration, City of Lakes Waldorf School, 2344 Nicollet Ave. S, Minneapolis MN 55404. For additional information, please contact our enrollment office at 612-767-1502 or enrollment@clws.org